

EAP Resources

Buffalo State College Civic and Community Engagement Office

[Supporting Our Community in a Time of Need | Civic and Community Engagement | SUNY Buffalo State College](#)

New York State

<https://www.ny.gov/resources-services-residents-impacted-buffalo-shooting>

[Mental Health Resources During an Emergency \(ny.gov\)](#)

[Addressing Community Grief and Trauma in Wake of Buffalo Tragedy - Webinar 5/18/2022 \(ny.gov\)](#)

National Child Traumatic Stress Network — Catastrophic Violence Resources

<http://www.nctsn.org/trauma-types/terrorism>

Center for the Study of Traumatic Stress

<http://www.cstsonline.org>

SAMHSA has a [Disaster Distress Helpline](#) - call or text **1-800-985-5990** (for Spanish, press “2”) to be connected to a trained counselor 24/7/365.

Warm Line offers peer support specialists and non-crisis services to Erie County residents. Phone: 1-844-749-3848, Text: 716-392-2221, or visit <https://www3.erie.gov/mentalhealth/>

NY Project Hope Emotional Support Helpline - 1-844-864-9314 (8:00a.m.-10:00p.m. seven days a week) or visit <https://nyprojecthope.org/> Open to all New York State residents.

VICTIM RESOURCE GUIDE

Resources available for those struggling after Tops Market shooting



EMERGENCYS: CALL 211 OR TEXT YOUR ZIPCODE TO 898-211

Food Resources:

Buffalo Community Fridge:
247 & 347 East Ferry St., 167 Herkimer St, 45 Jewett Ave, 24/7

Feed Buffalo Halal Food Pantry:
456 Massachusetts Ave, 14231, Mon/Tues 12pm-4pm
716-588-0137

Upper Room Church of God in Christ:
131 Florida, St. 14208, Wed 1pm - 4pm, Thurs 9am-12:30pm
716-893-6987

Coldspring Community Foundation Soup Kitchen:
234 Glenwood Ave, 1420, Wed 11:30am-1:30pm, Sat
9:30am-11:30am
716-310-3541

Group Ministries-Pantry:
1333 Jefferson Ave, 14208, Mon/Wed 10am-2pm
716-259-8039

Greater Works Christian Fellowship- Pantry:
210 Southhampton St, 14208, Wed 10am-2pm
716-887-2301

Refuge Temple Church- Pantry:
943 Jefferson Ave, 14204, Tues/Wed/Fri 11am-2pm
716-886-2199

St. Vincent Depaul Dining Room-Soup Kitchen
1298 Main St, 14209, Mon/Tues/Fri/Sat 11am-12:30pm

Candles in the Sun: [Free Fresh Produce](#) for the following dates:

Wednesday, May 18th, 12pm-2pm
Mandella Market, 272 E Ferry St, 14208

Thursday, May 19th, 5pm-7pm
MLK Park (Near Fountain), 778 Best St, 14211

Friday May 20th, 1pm-3pm
571 Williamsville St, 14206

Transportation:

Tops Markets Shuttle to Elmwood Location:
Sun-Sat, 10am-7PM

Lyft: 14208 and 14209 can use the code 'BuffaloLyftUp' in the Lyft app to receive a free ride up \$25 to and from two local grocery stores: Tops Friendly Markets (425 Niagara St.) & Price Rite (250 Elmwood Ave., Buffalo).

Uber: Uber riders can use the code 'SHOPBUF' in the Uber app for up to \$20 off a ride with a maximum of eight rides per customer.

SNAP/EBT Eligible Grocery Delivery:

- Instacart:
 - Aldis
 - B.J's Wholesale
 - Tops Market
 - Walmart

Mental Health Resources:

Crisis Services: 24/7 hotline
716-834-3131
Mobile Crisis Outreach available

Project Hope Line: Crisis Counselors 8am-10pm
844-863-9314

Mental Health Advocates of Western NY: M-F,
8:30am-4:30pm
716-886-1242

NAMI Buffalo & Erie County:
716-226-6264

Spectrum Health and Human Services:
716-710-5172

Erie County Medical Center, Comprehensive Psychiatric Emergency Program (CPEP): 24/7
716-898-4673
Mobile Crisis Outreach Available

Victim Services:

The Office of Victims Services staff will be in Buffalo this week to help victims and families obtain financial assistance and provide information. The OVS will cover up to \$3,000 for burial expenses, the rest being covered by National Action Network. OVS has no cap on financial assistance for the amount of medical/counseling expenses. OVS can cover up to \$30,000 for loss wages and can help cover transportation to medical appointments or loss of essential property. For help filing a claim: call 1-800-247-8035 or visit www.ovs.ny.gov/connect.