

# EAP CONNECTION

October 2021



**Employee  
Assistance  
Program**

**CONFIDENTIAL** assessment and  
referral services for NYS employees  
and their families at no cost

Contact your EAP Coordinator

or call 1-800-822-0244

[goer.ny.gov/employee-assistance-program](http://goer.ny.gov/employee-assistance-program)

## Domestic Violence Awareness



According to the [NYS Office for the Prevention of Domestic Violence](#), there are more than 20,000 phone calls placed to domestic violence hotlines nationwide each day. Victims can be any age, gender, sexual orientation, or race and from any socio-economic group. If you or anyone close to you needs assistance, call the confidential *New York State Domestic and Sexual Violence Hotline* at (800) 942-6906.

Text (844) 997-2121 (24/7) for confidential assistance with domestic violence issues.

## [Finding Safety and Support](#)

For additional information about domestic violence services, as well as other issues, contact your EAP coordinator at [coordinator listing](#) or call 1-800-822-0244.



### [WellNYS Everyday](#)

[goer.ny.gov/wellnys-everyday](http://goer.ny.gov/wellnys-everyday)



### [Online Training and Webinars](#)

[www.achievesolutions.net/empireplan/resources](http://www.achievesolutions.net/empireplan/resources)



### [Network Child Care Centers](#)

[goer.ny.gov/network-child-care-centers](http://goer.ny.gov/network-child-care-centers)



### [NYProjectHope.org](#)

NYS Emotional Support Helpline  
1-844-863-9314  
8:00 a.m. - 10:00 p.m.  
7 days a week



### [Pre-Retirement Planning](#)

[goer.ny.gov/pre-retirement-planning-information](http://goer.ny.gov/pre-retirement-planning-information)



Work-Life Services (WLS) Programs are joint labor-management programs that benefit New York State employees by enhancing employee wellbeing, increasing productivity, and improving morale in the workplace. The WLS programs include the Employee Assistance Program, Network Child Care Centers, and DIRECTIONS: Pre-Retirement Planning. The WLS programs are funded through the collective bargaining agreements between the State of New York and the public employee unions: CSEA, PEF, UUP, NYSCOPBA, GSEU, Council 82, and DC-37. The Governor's Office of Employee Relations contributes on behalf of management/confidential employees.