

# EAP CONNECTION

June 2022



## Employee Assistance Program

**CONFIDENTIAL** assessment and referral services for NYS employees and their families at no cost

Contact your EAP Coordinator  
or call 1-800-822-0244  
[oer.ny.gov/eap](http://oer.ny.gov/eap)

Many of us need guidance when it comes to investing money. However, it's hard to find useful and objective advice about financial investing. The U.S. Securities and Exchange Commission's website, [Investor.gov](http://Investor.gov) offers financial tools and information about investment products, crypto assets, retirement and much more.



Here are some tips on selecting the right investment professional for you:

- Make sure the investment professional is licensed
- Find out if their products and services are right for you
- Understand how you will pay for services and products, as well as how the investment professional will be compensated
- Ask about their experience and credentials
- Check to see if they have a disciplinary history with the government or any customer complaints. You can search this database for information about your investment professional: [Action Lookup – Individuals \(SALI\) database](#)

For resources related to finances or any other issue, contact your EAP coordinator using the [coordinator listing](#) or call 1-800-822-0244.



**WellNYS Everyday**  
[oer.ny.gov/wellnys-everyday](http://oer.ny.gov/wellnys-everyday)



**Online Training and Webinars**  
[www.achievesolutions.net/empireplan/resources](http://www.achievesolutions.net/empireplan/resources)



**Network Child Care Centers**  
[oer.ny.gov/nys-network-child-care-centers](http://oer.ny.gov/nys-network-child-care-centers)



**NYProjectHope.org**  
NYS Emotional Support Helpline  
1-844-863-9314  
8:00 a.m. - 10:00 p.m.  
7 days a week



**Pre-Retirement Planning**  
[oer.ny.gov/directions-pre-retirement-planning-information](http://oer.ny.gov/directions-pre-retirement-planning-information)



Work-Life Services (WLS) Programs are joint labor-management programs that benefit New York State employees by enhancing employee well-being, increasing productivity, and improving morale in the workplace. The WLS programs include the Employee Assistance Program, Network Child Care Centers, and DIRECTIONS: Pre-Retirement Planning. The WLS programs are funded through the collective bargaining agreements between the State of New York and the public employee unions: CSEA, PEF, UUP, NYSCOPBA, GSEU, Council 82, DC-37, and PBANYS. The Office of Employee Relations contributes on behalf of management/confidential employees.